



Directions To: 5654 Shields Drive, Bethesda, Maryland

From the Washington Beltway (I-495)

Take **Maryland Exit 36** onto **Old Georgetown Road**. Head south, towards Bethesda. After 1/2 mile (approx.) pass Beech Drive and go 2/10 mile further. Turn right onto Shields Drive, which is actually a driveway for the **Wingate Medical Park** townhouses. Circle to the back of the building and our unit is the end one, number 5654. You will be in a parking lot at that time and can drive up to the door. Please walk right into the waiting room.

From I-270

Pass the Montrose Road exit, avoid the branch of 270 that goes to Virginia and stay in the lanes that go to Washington & I-495 East. Before you get to I-495, however, **exit onto Old Georgetown Road**. **Turn right**, towards Bethesda. When you pass underneath the Beltway, follow the directions above to Shields Drive.

From Bethesda

Go north on Old Georgetown Road. Continue past NIH and the small fire house at Cedar Lane. After a short distance then you will soon see Shields Drive on your left. You cannot turn directly left into it. Go a little further, make a U-turn and then turn right into Shields Drive. Circle to the back of the **Wingate Medical Park** townhouses and look for our unit, Number 5654, at the very end. Walk into the waiting room.